### Directions to your seminar at Allen Carr's Easyway

# Hallmark\* Strathallan Hotel 225 Hagley Rd, Birmingham B16 9RY

\*Previously Menzies Strathallan Hotel

Telephone: 0208 944 7761 (bookings); 0121 455 9777 (hotel direct)

If you have any last-minute issues with attendance over a weekend, please leave a message for the Allen Carr therapist at the hotel reception.

### By Car

From A38 follow signs for the International Convention Centre (ICC), Broad Street.

On Broad Street continue towards Five Ways Island.

Take the underpass which leads onto Hagley Road.

Menzies Strathallan is situated 1 mile on the right on the corner of Portland Road and the Hagley Road.

Car Parking is on-site and complimentary (tell Hotel Reception on arrival that you are attending Allen Carr and they will note your registration for free parking).

## By Train

Birmingham New Street Railway Station is 1.9 miles from Hallmark Strathallan. Taxis are available at the station (approx £6.00).

#### By Bus

The bus stop is directly outside the hotel (numbers 126,128,129,9,140,120,127,141). Buses are approximately every 10-20 minutes during weekdays (please check timetables for weekends).

