Directions to your seminar at Allen Carr's Easyway

Holiday Inn London Heathrow Ariel, 118 Bath Road, Hayes, Middlesex, UB3 5AJ Telephone: 0208 944 7761 (bookings); 020 8757 7062 (hotel direct)

If you have any last-minute issues with attendance over a weekend, please leave a message for the Allen Carr therapist at the hotel reception.

By Car

Leave the M25 at Junction 15 onto the M4.

Leave the M4 at Junction 4 onto the spur road towards Heathrow Airport. Take the first left off towards the A4, onto the Bath Road A4 to London. Go through 3 sets of traffic lights and the hotel is on your left.

Free Parking is available at the hotel. Clients need to register correct vehicle registration upon arrival at hotel with reception. Failure to do so may result in a parking charge.

By Tube Take the Piccadilly Line tube or Heathrow Express and alight at Terminals 1,2,3 The Hotel Hoppa Bus picks up at intervals outside the main entrance of each Terminal. Catch the Hotel Hoppa H2 from Terminal 1, 2 and 3 or H54 from Terminal 4 and 5 to Holiday Inn London Heathrow Ariel. Pay the ticket directly with the driver.

By Bus From the Heathrow Central Bus Station, take the red public bus number 110, 105, 140 or 285. Mention guest reservations at the Holiday Inn London Heathrow Ariel on Bath Road and travel for free.



