

Directions to your seminar at Allen Carr's Easyway

Novotel Nottingham Derby
Bostock Lane, Long Eaton
M1 Junction 25, Nottingham, NG10 4EP

Telephone: 0208 944 7761 (bookings); 0115 946 5111 (hotel direct)

If you have any last-minute issues with attendance over a weekend, please leave a message for the Allen Carr therapist at the hotel reception.

By Car

From the M1: exit at Junction No.25 and follow signs for Long Eaton. From the exit you will see us on the left-hand side.

From Nottingham: take the Derby Road/A52/Brian Clough Way. At Sandiacre Interchange, take the 1st exit onto Bostocks Lane. From the exit you will see us on the left-hand side.

From Derby: take the A53/Brian Clough Way. At Sandiacre Interchange, take the 4th exit onto Bostocks Lane. From the exit you will see us on the left-hand side.

Free Car Parking is available.

By Public Transport

By Rail: Long Eaton train station is 2 miles

